



## INTERVIEW

### INTERVIEW TIPS FOR FRESHERS

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## Interview Tips for Fresher's

### Interview Tips for Fresher's: The Importance of Body Language and Speech

#### Fine Tune Your Attitude

The aura you project while walking into a room will either help you earn brownie points or lose some. Let's say we have two applicants, one a nervous individual with a pessimistic attitude and the other a self-assured individual with an optimistic mind set. Who do you think would stand a better chance? The answer is pretty obvious. Sometimes, even if you do not have all the answers to the questions asked; you just might be selected because you have the right attitude. Stay positive. A person with the right attitude will be able to blend into the corporate culture easily.

#### Good Body Language

The right attitude coupled with good body language matters – A LOT! Who would you lean in favour of? A fidgety shifty eyed person? Or a confident individual who holds a steady gaze? You would prefer the latter over the former individual wouldn't you? The same holds good in an interview. You need to make a lasting impression in a short duration.

#### So how do you go about with it?

**Firm Handshake** – A firm handshake (if there is a need for it) is preferred to a limp handshake. Do not make the mistake of crushing an offered palm either. Oh! And wipe your palms if they are sweaty before you shake a person's hand. You do not want the person to mentally cringe in disgust.

**Facial Expression** - Avoid 'shifty eyes' please! People who are nervous, uncomfortable or have something to hide usually look everywhere else but at the person they are talking to. You have not come all the way for an interview to address the wall.

Instead, maintain steady eye contact; break away from time to time. Do not stare. You are not there to drill holes into someone's skull. It is important to know the difference. Do not go for the 'dead pan' expression either. Appear lively without being overly excited.



**Good Posture** – Sit straight, relax your shoulders and be at ease. Refrain from slouching. Where your arms are concerned, do not cross them. Most people perceive this pose as a sign of resistance or defensiveness. While this is a myth, unfortunately not many are aware of this. So beware.

**Do not shake your legs or tap your feet continuously.** No fidgeting, wild gestures (hands flying all over the place), touching your hair, nose, neck unnecessarily. And for goodness sake! Keep your legs together and not wide apart! (It is so inappropriate) Remember. You are being observed.

**Voice Modulation** – Tone of voice is important. Do not whisper or speak softly so that you are asked to repeat yourself. Do not rush through your sentences like you are in a hurry to catch the Shatabdi Express either. You need to be audible, articulate and logical. And most of all, do not speak in mono tones! Sound passionate without being melodramatic.

Wish you all the best!